

# RIDGEGEAR TRAINING COURSE



## Statutory inspection of fall protection Equipment (RGT3)

### Course

This full day training course provides the core knowledge to correctly inspect safety harness and associated fall protection equipment.

### Course objectives

To provide competency for a delegate to carry out the statutory inspections to general items of fall protection equipment and accurately record the findings.

### Who will benefit?

All those in your organisation involved in the use of fall prevention/protection equipment for working at height.

### Course content

- This course incorporates the RGT1 course
- Legislation / Guidance
- Mechanics of a fall
- Selection of fall protection equipment (includes common hazards associated with different equipment types) - includes practical exercise
- Pre-use inspection - includes practical exercise
- Anchor points and devices
- Equipment failure videos
- Pre-use inspection – includes practical exercise
- Donning a harness - includes practical exercise
- Storage, care and maintenance
- Statutory inspections
- Identifying faults and damage (practical assessment)
- Theory test paper (multiple choice)

### Training methods

Lectures, printed course material, hands on equipment, practical exercise, and pre-use inspection exercise.

### Certification

Successful delegate will receive a RIDGEGEAR certificate on completion.

### PPE requirements

No requirements due to classroom based training.

### Course duration/Number of delegates

The course is designed for up to 8 delegates at any one time and is held over one full working day, typically 9:00 - 16:00.



### COURSES AVAILABLE

RGT1 – 1 Full day  
Working at height foundation

RGT2 – 1 Full day  
Emergency evacuation

RGT3 – 1 Full day  
Statutory inspection of general fall protection equipment

RGT4 – 1 Full day  
Safety harnesses for managers and supervisors

RGT5 – 1 Full day  
Rooftop operative

RGT 6- 1 Full Day  
Confined Space

All of the above courses are supervised by professional trainers.

The training may be carried out either at one of our Training Centres or it may be done on site at your premises, subject to suitability.

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